

2011 Orthopedic Symposium for
Physicians and Medical Professionals

Treatment and Surgical Management of

Hip & Knee Conditions

Friday, September 23, 2011

JW MARRIOTT | Junior Ballroom, first floor
10 S. West Street | Indianapolis, IN 46204

The
Orthopedic
Specialists

Methodist
Sports
Medicine

Indiana University Health



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Course Description

Designed for physicians and other healthcare professionals, this one-day course will provide attendees with useful clinical information on management and treatment options of hip and knee conditions. Presentations will have particular focus on hip arthroscopy and injuries in athletes, patient selection and management options for total hip replacement and proximal hamstring tears. Topics will also include conservative care options for the osteoarthritic knee, patient selection and current indications for cartilage restoration procedures and advances in anterior cruciate ligament surgery. In addition, attendees will have the opportunity to learn from Dr. J.W. Thomas Byrd, team physician for the Tennessee Titans and renowned specialist in hip arthroscopy, as a guest speaker. Two breakout sessions will be held during the afternoon.

Course Objectives

At the conclusion of the main session, participants should be able to:

- Select the most appropriate management of femoroacetabular impingement (FAI) in athletes
- Explain prognostic indicators for poor long-term results following arthroscopy for FAI
- Describe predictive factors for postoperative risk in total hip arthroscopy (THA) patients
- Determine appropriate conservative treatment options for osteoarthritis

Accreditation Statement SCHOOL OF MEDICINE INDIANA UNIVERSITY

Indiana University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Statement

Indiana University School of Medicine designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Faculty Disclosure Statement

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, educational programs sponsored by Indiana University School of Medicine (IUSM) must demonstrate balance, independence, objectivity

and scientific rigor. All faculty, authors, editors and planning committee members participating in an IUSM-sponsored activity are required to disclose **any relevant financial interest or other relationship** with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services that are discussed in an educational activity.

Note

While it offers CME credits, this activity is not intended to provide extensive training or certification in the field.

Continuing Education

Indiana University Health, Indianapolis (ISNA No. CNEP 10-01, 6/1/13) is an approved provider of continuing nursing education by the Indiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Nurses will be granted 5.75 hours. Attendance at the entire event and submission of an evaluation are required to obtain contact hours.

Methodist Sports Medicine / The Orthopedic Specialists is an approved provider for the National Athletic Trainers Association Board of Certification. Licensed athletic trainers will be awarded 5.75 CEUs.

Location and Lodging Information

The symposium will be held at the JW Marriott, Junior Ballroom (first floor) located at 10 S. West St., Indianapolis. Lodging information for the JW Marriott may be obtained by contacting the hotel at 317.822.8554. Different parking options are available: JW Marriott on-site parking (\$28), White River State Park Garage underground parking (\$12) or White River State Park Garage South lot (\$10).

Fee

An early bird registration fee of \$125 has been set for this program for physicians and other healthcare professionals who register by September 17. Registration received after September 17 and on-site fee is \$150. Fee includes conference materials, continental breakfast and lunch. IUSM and IU Health residents-in-training may attend free of charge; however, registration is required. Payment may be made by check payable to Indiana University or you may pay online using Visa, MasterCard, American Express or Discover. All registration fees will be refunded if cancellation is made before September 17, 2011.



Agenda

- 7 am – 7:55 am** On-site Registration and Continental Breakfast
- 7:55 am – 8 am** Welcome
G. Peter Maiers II, MD
- 8 am – 9 am** Hip Arthroscopy in Athletes: A 10-year Follow-up
J.W. Thomas Byrd, MD
- 9 am – 9:30 am** Hip Injuries in Sports
G. Peter Maiers II, MD
- 9:30 am – 10 am** Total Hip Replacement: Patient Selection and Current Options
John Hur, MD
- 10 am – 10:15 am** Break
- 10:15 am – 10:30 am** Hip Surgery from a Patient's Perspective
- 10:30 am – 11 am** Proximal Hamstring Tendon Tears: Conservative and Surgical Management
Peter I. Sallay, MD
- 11 am – 11:30 am** Conservative Care of the Osteoarthritic Knee
John Hur, MD
- 11:45 am – 12:45 pm** Lunch
- 1 pm – 1:30 pm** Current Advances in ACL Surgery
Thomas Klootwyk, MD
- 1:30 pm – 2 pm** Patient Selection and Current Indications for Treatment of Articular Cartilage Restoration
Mark Ritter, MD
- 2 pm – 3:30 pm** Breakout Session 1
- Hip Exam
G. Peter Maiers II, MD | John Hur, MD
- Imaging of Hip and Knee
Susan Meyer, MD, CDI

Patellofemoral Ligament Repair – Sx Demo
Thomas Klootwyk, MD

2 pm – 3:30 pm Breakout Session 2

Conservative Rehabilitation of the Osteoarthritic Knee
Mark Stead, PT, ATC

Rehabilitation of Articular Cartilage Injuries in the Knee
Mark DeCarlo, PT, DPT, MHA, SCS, ATC

A Rehabilitation Continuum for the Osteoarthritic Hip: From Conservative Rehabilitation to Total Hip Replacement
Monica Schrader, PT, ATC

3:30 pm Adjourn


Further Information

Methodist Sports Medicine / The Orthopedic Specialists
Research and Education Foundation
Patti Hunker
phunker@methodistsports.com



Guest Speaker

J.W. Thomas Byrd, MD, is the team physician for the Tennessee Titans and has served as physician for the U.S. Olympic Team. Dr. Byrd is active in clinical research and has developed several surgical techniques and instruments that have revolutionized orthopedic surgery. He has authored numerous book chapters and articles.

 We want everyone to feel welcome at this and other CME events. If you have a disability and need an accommodation to participate in this program, we will try to provide it. Please contact the Methodist Sports Medicine / The Orthopedic Specialists Research and Education Foundation office at 317.817.1227 before you come to the event. At least 72 hours' notice may be necessary.

Registration

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Friday, September 23, 2011

Register online at cme.medicine.iu.edu.

After September 21, 2011, please register at the door.

If not registering online, please complete registration form below:

MD RN LPN PT AT Other _____
(please specify)

Last Name _____ First Name _____ Middle Initial _____

Business Address _____

City _____ State _____ ZIP _____

Daytime Phone _____

Fax Number _____

Hospital/Practice Affiliation _____ Specialty _____

E-mail Address (for CME certificate and evaluation) _____

Cost Breakdown

(Payment must be received with registration)

- \$125 if you register by Sept. 17
- \$150 if you register after Sept. 17
- Free of charge: residents-in-training
(pre-registration required before Sept. 17)

Send Registration Form and Payment to:

Indiana University School of Medicine
Division of Continuing Medical Education
714 N. Senate Ave., EF 200
Indianapolis, IN 46202
F 317.274.4638

OFFICE USE ONLY: 09-316

Check # _____ Receipt # _____ Amount _____

Payment Information

Payment may be made by check payable to Indiana University, or you may pay online using Visa, MasterCard, American Express or Discover.