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## FOR IMMEDIATE RELEASE

### **METHODIST SPORTS MEDICINE/THE ORTHOPEDIC SPECIALISTS ADDS PHYSIATRY TO PAIN MANGAGEMENT AND REHABILITATION SERVICES**

*Gregory Strock, M.D., to Head New Physical Medicine and Rehabilitation Services*

**INDIANAPOLIS – February 16, 2010** – Methodist Sports Medicine/The Orthopedic Specialists has expanded its orthopedic and rehabilitation services to include physiatry (also known as physical medicine and rehabilitation). Gregory Strock, M.D., will lead this new branch of medicine for the practice, which emphasizes the prevention, diagnosis, and treatment of nerve, muscle and bone disorders that may produce temporary or permanent impairment. Dr. Strock will primarily focus on occupational medicine, work-related injuries, back pain management and fluoroscopically guided lumbar spinal injections and electrodiagnostic studies.

“We are excited to offer our patients a new form of treatment that can decrease pain and enhance function as an alternative to surgery,” said Peter Sallay, M.D., president of Methodist Sports Medicine/The Orthopedic Specialists. “Dr. Strock is an experienced physical medicine and rehabilitation physician, who will further enhance our orthopedic specialties and rehabilitation services, allowing us to better serve those patients with short and long-term pain management issues.”

“I am delighted to be a part of such a well-balanced practice and am eager to work with such skilled physicians. This is the ultimate job for me,” said Dr. Strock. “I will be able to provide non-operative care to patients sooner than often possible, so they can experience a quicker and more complete recovery, ultimately allowing them to do the things they were not otherwise able to do.”

Prior to joining Methodist Sports Medicine/The Orthopedic Specialists, Dr. Strock worked as the medical director for the Spine and Musculoskeletal Center and Pain Clinic at the Rehabilitation Hospital of Indiana, and as a staff physiatrist for Integra Spine and Musculoskeletal Specialist.

Originally from Anderson, Ind., Dr. Strock received his undergraduate degree from Ball State University and his doctor of medicine degree from Indiana University School of Medicine. In 2005, Dr. Strock completed his residency in physical medicine and rehabilitation at Indiana University, after which he secured several hospital and clinic appointments throughout the state of Indiana including one with Clarian Health Partners.

Dr. Strock is board certified by the American Board of Physical Medicine and Rehabilitation and a diplomate of the American Board of Pain Medicine. He is an active member of the American Academy of Pain Medicine and American Academy of Physical Medicine and Rehabilitation, and has published several research articles and chapters, and presented lectures on various pain management and physical medicine topics. Prior to embarking on his medical career, Dr. Strock spent several years as a member of the U.S. Cycling team and as a professional cyclist.

For more information on back pain and treatment options, visit [www.MyBacksHurting.info](http://www.MyBacksHurting.info).

**About Methodist Sports Medicine/The Orthopedic Specialists**

Methodist Sports Medicine/The Orthopedic Specialists, a Clarian Human Motion Partner, is Central Indiana's premier provider of comprehensive orthopedic services and has built its reputation on excellence in orthopedics and sports medicine for more than 20 years. Official team physicians for many high schools, college and professional teams, including the NFL's Indianapolis Colts, 100 percent of the group's orthopedic surgeons are fellowship trained, board certified and leaders in new technologies, procedures and research. For more information, please visit [www.methodistsports.com](http://www.methodistsports.com)

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