

Curriculum Vitae
Of
George A. DeSilvester, M.D.
Updated May 21, 2007

BUSINESS

Methodist Sports Medicine Center
1815 North Capitol Avenue, Suits 401
Indianapolis, IN 46202
(317) 924- 8531

American Health Network
10503 North Meridian
Indianapolis, IN 46290
(317) 848-1402

PERSONAL DATA

Full Name: George Anthony Joseph Desilvester

Martial Status: Married

EDUCATION

High School: Admiral King High School
Lorain, Ohio (1972-1975)

Undergraduate:

1) The Defiance College
Defiance, Ohio (9/76-12/77)
Transferred

2) University of Toledo
Toledo, Ohio (1/78-6/80)
B.A. Psychology Magna Cum Laude

Medical School: Ohio State University (9/80-6/84)
Medical Doctor, 1984

Internship: Aultman Hospital (Family Practice)

Canton, Ohio (7/84- 6/85)

Residency: Aultman Hospital (Family Practice)
Canton, Ohio (7/87- 6/88)

Fellowship: Methodist Hospital Sports Medicine
Methodist Sports Medicine Center
Indianapolis, IN (7/87- 6/88)

CERTIFICATION

Advance Trauma Life Support
- Certification by American College of Surgeons (1987, 1991)
Advance Cardiac Life Support
- Certification by American Heart Association (1984, 1988, 2000)

BOARD STATUS

American Board of Family Practice (1987, 1993, 2000)
Certified Added Qualification, Sports Medicine (1993)

MEDICAL LICENSURE

State of Ohio State Medical Board
State of Indiana State Medical Board

MEDICAL SOCIETIES

American Medical Society for Sports Medicine
American College of Sports Medicine
American Academy of Family Physicians (Indiana Chapter)
Indianapolis Medical Society
Indiana State Medical Association
American Board of Family Practice
National Board of Medical Examiners – Diplomat
United States Olympic Committee Sports Medicine Society
United States Rowing Sports Medicine Society

AWARDS/HONORS

Ohio Academy of Family Physicians Rardin Award
(Senior Medical Student Award – 1984)

HOSPITAL STAFF MEMBERSHIPS

Resident Staff Aultman Hospital (7/84-6/87)
Resident Staff Methodist Hospital (7/87-6/88)
Medical Staff Methodist Hospital, Indianapolis (1988- Present)
Medical Staff St. Vincent's Hospital, Indianapolis (1989- Present)
Medical Staff Community Hospital, Indianapolis (1990-1998)

ORGANIZATIONS

Ohio State University Alumni Association
(including Medical School Alumni)
University of Toledo Alumni Association
Ohio State University College of Medicine Family Practice
Interest Group (Co-Chairman, 1982-1984)

PUBLICATIONS

DeSilvester, GA: Tennis Elbow Sports Medicine Forum
(Statewide Newsletter), 7(5): 1-4, 1989

Kegerreis, S, DeSilvester, GA, McClay, MH: Youth Basketball-Health
Maintenance and Medical Management: The Student Athlete (Burroughs
Wellcome C 1(3): 4-10, 1988.

DeSilvester, GA: What is Sickle-Cell Trait and Disease and How Can it Affect
Athletes? Sports Medicine Forum, 6(3): 2 1988.

DeSilvester, GA: Menstrual Problems in Athletes Sports Medicine Forum, 6(4): 1-
4, 1988.

DeSilvester, GA: Mitral Valve Prolapse in Athletes Sports Medicine Forum 7(5):
2, 1988.

DeSilvester, GA: What is Sports Psychology? Sports Medicine Forum 7(3): 2,
1988.

DeSilvester, GA: Exercise and the Elderly Ohio Family Physician News, Vol.
39(11), 1987.

DeSilvester, GA: The Family Physician and Sports Medicine Ohio Family
Physician News, Vol. 36(9): 18, 1984.

DeSilvester, GA: Family Practice News (Central Ohio Affiliated Programs
Quarterly Publication) Student News Column, 1983.

PRESENTATIONS

Prophylactic Bracing of the Knee and Ankle
Methodist Sports Medicine Center Grand Rounds August 1987

Less Common Problems of the Foot and Ankle
Methodist Sports Medicine Center Grand Rounds September 1987

Athletic Wrist Injuries
Methodist Sports Medicine Center Grand Rounds February 1988

Profile of Overuse Injuries in a Sports Medicine Center

Methodist Sports Medicine Center Grand Rounds April 1988

Exercise and the Elderly
Ohio Family Physicians Sports Medicine Symposium April 1988

Parental Pressure on Childhood Athletic Performance
Indianapolis Parents Group October 1987

Athletic Knee: Ligament Injuries – “Classification of Traumatic Injury”
Methodist Sports Medicine Center Fall Conference 1988

General Overview of Radiographic Techniques (For Physical Therapists)
Krannert School of Physical Therapy 1988, 1989

Recognition and Management of Common Exercise Injuries
Evening Presentation (Guest Speaker) Presented to Medical Staff Huntington Memorial Hospital (Huntington, IN) November 1988.

Drugs and the Athlete
Methodist Sports Medicine Grand Rounds September 1988

Hypothermia and Cold related Injuries
Methodist Sports Medicine Grand Rounds January 1989

Steroids in Sports
Student Athlete Education Series at St. Joseph College (Rensselaer, IN) January 1989

Common Overuse Injuries
Indiana University Student Health Center, Luncheon Conference (Bloomington, IN) February 1989

Athletic Hand and Wrist Injuries
National Meeting- - American Society of Hand Therapists
Orlando, Florida May 1989

Musculoskeletal Problems
Butler Danoe Seminar June, 1989

Tennis Elbow and Drugs in Sports
Washington Township Tennis Association (Indianapolis) July 1989

Primary Care Sports Medicine
Career Day, Lawrence Central HS (Indianapolis) July 1989

Sports- Related Medical Problems
Methodist Sports Medicine Center Grand Rounds September 1989

Drug Use in Sports
Presented to Athletic, Training Staff/student Athletic Trainers at Indiana University/Purdue University Indianapolis December 1989

Athletic Pre-Participation Exams
Methodist Hospital Family Practice Grand Rounds Spring August 1990

Soccer-Related Injuries
Midwest Soccer Association Congress Meeting January, 1991

Heat Illness
Methodist Sports Medicine Center Grand Rounds August 1991, 1992

Sports-Related Medical Problems
Indiana Athletic Trainers Association Annual Fall Meeting 1991

Emergency Procedures
ACSM Exercise Specialist Course July 1990

Common Exercise- Related Injuries
Randsburg Inc. Employee Lunchtime Guest Lecture Program April 1991

Common Overuse Injuries
NIFS Mini-Marathon Training Program February 1999

Drug Use/Doping/ Drug Testing
US Rowing Sports Medicine Society, Annual Meeting (Oakland, CA) December 1998

TELEVISION APPEARANCES:

Exercise Prescription, Around Our Town, Indianapolis Weekend Morning Talk Show, Channel 59, April 1989

Sprains/Strains, Methodist Minute Methodist Hospital, Indianapolis Local Networks, April 1991

Heat Illness, Around Our Town, Indianapolis Weekend Morning Talk Show, Channel 59, January 1991

PROFESSIONAL ACTIVITIES

Assistant Team Physician, Green High School
Akron, Ohio (1984-1986)

- Ohio Academy of Family Physicians (OAFP)
- Sports Medicine Committee (1986-1988)
 - Quality Assessment Committee (1986-1988)
 - Student Sub-Committee (1982-1984)
 - House of Delegates (Resident Delegate 1985, 1986)

Team Physician Hanover College

Hanover, IN (1987-1993)

Team Physician, Indiana University-Purdue University
Indianapolis, IN (1987-1993)

Team Physician, Indianapolis Junior Ice Hockey Team
Indianapolis, IN (1990-1994)

Team Physician, University of Indianapolis
Indianapolis, IN (1993-present)

Team Physician, North Central High School,
Indianapolis, IN (1992-present)

Medical Consultant, University of Indianapolis (Football)
Indianapolis, IN (1990-1992)

Medical Consultant, Indianapolis Colts
Indianapolis, IN (1987-present)

Medical Consultant, Indiana University Student Health Center
Bloomington, IN (1988-1993)

Medical Consultant, Indianapolis Ballet Theatre, Indianapolis (1990)

Dance Clinic Physician, Butler University School of Dance
Indianapolis, IN (1989)

Event Physician (Medical Coverage)

- Tenth Pan American Games, Indianapolis, IN (1987)
Medical Coverage (Wrestling)/ Drug Testing (Boxing/Field Hockey)
- Medical Consultant, NFL Scouting Combine Physicals
(College Draft) Indianapolis, IN (1988-1999)
- Big 10 Swimming and Diving Championship (1988, 1989, 1990)
- NCAA Swimming and Diving Championships (1988, 1989, 1990, 1992)
- United States Synchronized Swimming National Championship and Olympic
Trials (1988)
- United States Track and Field Olympic Trials (1988)
- Indiana High School Basketball All-Star Games (1988-1998)
- Indiana High School Football All-Star Game (1987, 1989, 1992, 1997)
- Indianapolis City Basketball Tourney (1990)
- Indiana State H.S. Basketball Finals (1988-90, 1992)
- Nike ABCD Basketball Camp (1991, 1992, 1995-1998)
- Indiana State H.S. Cross Country Finals (1987-89)
- Indiana High School Track/Field State Championships (1992)
- Medical Consultant, GTE North Senior PGA Tour, Broadmoor Country Club,
Indianapolis (1989-1991)
- Volunteer Physician, 1991 PGA Championship, Crooked Stick Country Club,
Indianapolis (1991)

- Women's Little 500 Race (Cycling), Indiana University Bloomington (1991, 1992)

Event Physician (NGB/Olympic Medical Coverage)

- US Rowing National Championship Regatta, Indianapolis (1988-1994, 1996, 1998)
- Medical Coordinator, World Rowing Championships (1994)
- Medical Consultant Twelfth Pan American Games Processing/Medical Exams, Orlando, FL (1995)
- USA Basketball Women's National Team World Championship Qualifying Tournament, Germany/Brazil (1997)
- USA Basketball Women's National Team World Championships, Slovakia/Spain (1998)
- US Rowing National team World Championships, Germany (1998)
- US Biathlon Team Winter World University Games, Slovakia (1990)

Crew Chief, USOC Drug Control Program (1995-present)

Medical Consultant, National Institute for Fitness and Sport
Indianapolis, IN (1988to Present)

- Stress Testing
- Medical Consultation
- Research

TEACHING EXPERIENCE

Clinical Associate Instructor in Family Medicine
Northeastern Ohio University College of Medicine (1986-1987)

Part-Time Clinical Consultant for Residency Staff
Methodist Family Practice Residency (1989-Present)

Primary Care Rotation Site – Junior Medical Student Rotation,
Indiana University School of Medicine (1991-Present)

Staff Physician, Primary Care Sports Medicine Fellowship,
Methodist Sports Medicine, Indianapolis (1988-Present)