

George A. De Silvester, MD

Speaking Engagements:

Prophylactic Bracing of the Knee and Ankle, Methodist Sports Medicine Center Grand Rounds, August 1987.

Parental Pressure on Childhood Athletic Performance. Indianapolis Parents Group, October 1987.

Less Common Problems of the Foot and Ankle, Methodist Sports Medicine Center, Grand Rounds, September 1987.

Athletic Wrist Injuries, Methodist Sports Medicine Center Grand Rounds, February 1988.

Profile of Overuse Injuries in a Sports Medicine Center. Methodist Sports Medicine Center Grand Rounds April 1988.

Exercise and the Elderly. Ohio Family Physicians Sports Medicine Symposium April 1988.

Athletic Knee: Ligament Injuries – Classification of Traumatic Injury. Methodist Sports Medicine Center Fall Conference, 1988.

General Overview of Radiographic Techniques (For Physical Therapists), Krannert School of Physical Therapy, 1988.

Recognition and Management of Common Exercise Injuries .Evening Presentation (Guest Speaker) Presented to Medical Staff Huntington Memorial Hospital, Huntington, IN, November 1988.

Drugs and the Athlete. Methodist Sports Medicine Grand Rounds, September 1988.

Hypothermia and Cold Related Injuries. Methodist Sports Medicine Grand Rounds, January 1989.

Steroids in Sports. Student Athlete Education Series at St. Joseph College, Rensselaer, IN, January 1989.

Common Overuse Injuries. Indiana University Student Health Center, Luncheon Conference, Bloomington, IN, February 1989.

Athletic Hand and Wrist Injuries. National Meeting- - American Society of Hand Therapists, Orlando, FL, May, 1989.

Musculoskeletal Problems. Butler Danoe Seminar, June, 1989.

Tennis Elbow and Drugs in Sports. Washington Township Tennis Association
Indianapolis, IN, July 1989.

Primary Care Sports Medicine. Career Day, Lawrence Central High School, Indianapolis,
IN, July 1989.

Sports- Related Medical Problems. Methodist Sports Medicine Center Grand Rounds,
September 1989.

Drug Use in Sports. Indiana University/Purdue University, Indianapolis, IN, December
1989.

Athletic Pre-Participation Exams. Methodist Hospital Family Practice Grand Rounds
Spring, August 1990.

Emergency Procedures. ACSM Exercise Specialist Course, July 1990.

Soccer-Related Injuries. Midwest Soccer Association Congress Meeting, January, 1991.

Heat Illness. Methodist Sports Medicine Center Grand Rounds, August 1991, 1992.

Sports-Related Medical Problems. Indiana Athletic Trainers Association Annual Fall
Meeting, 1991.

Common Exercise- Related Injuries. Randsburg Inc. Employee Lunchtime Guest Lecture
Program, April 1991.

Drug Use/Doping/ Drug Testing. US Rowing Sports Medicine Society, Annual Meeting,
Oakland, CA, December 1998.

Common Overuse Injuries. NIFS Mini-Marathon Training Program, February 1999.