

Lance A. Rettig, M.D.

Curriculum Vitae

Personal Data:

Place of Birth: Laguana Beach, California
Citizenship: United States of America

Marital Status: Married

Education:

1989-1993 **Indiana University**, Bloomington, IN. Bachelor of Science with High Honors, Biology.
1993-1997 **Indiana University School of Medicine**, Indianapolis, IN. Doctor of Medicine.

Internship:

1997-1998 General Surgery. Indiana University School of Medicine, Indianapolis, IN.

Residency:

1997-2002 Orthopaedic Surgery. Indiana University School of Medicine, Indianapolis, IN.

Fellowship:

2002-2003 Curtis National Hand Center, Baltimore, M.D.

Licensure:

1997 M.D., Indiana
2002 M.D., Maryland

Privileges:

2003 Clarian Hospitals
2003 St. Vincent Hospital
2004 Bloomington Hospital & Healthcare System

Honors/Awards:

1990 Dean's List
Sigma Chi Academic Scholarship
1991 Dean's List
Sigma Chi Academic Scholarship
Phi Eta Sigma Honorary Society
1992 Dean's List
Sigma Chi Academic Scholarship
Howard Hughes Undergraduate Research Award
1993 Dean's List

2002

Howard Hughes Undergraduate Research Award
Phi Beta Kappa
Order of Omega
Garceau-Wray Award (Outstanding Research Orthopaedic Residency)

Presentations:

- 1998 **Embryology of the Knee.** Orthopaedic Grand rounds. Indiana University School of Medicine, Indianapolis, IN
- 1999 **Glenohumeral Instability.** Orthopaedic Grand Rounds. Indiana University School of Medicine, Indianapolis, IN.
- 2000 **Principles of internal Fixation.** Orthopaedic Grand rounds. Indiana University School of Medicine, Indianapolis, IN
- 2000 **Gross Anatomy of the Shoulder.** Hand Care Conference, Indianapolis, IN.
- 2002 **Primary Osteoarthritis of the Elbow: Results of Operative Debridement at Intermediate Follow-up and Basis for a Classification System.** Lance Rettig, M.D. and Hill Hastings, II, M.D. Garceau-Wray Lectures, Indianapolis, IN
- 2003 **Implant Arthroplasty in Patient's with Primary Osteoarthritis of the Metacarpophalangeal Joint.** Lance Rettig, M.D., Michael S. Murphy, M.D. and Linda Luca, OTR/L, CHT., Eighth E.F. Shaw Wilgis, M.D., Lectureship in Hand Surgery, Baltimore, MD, June 5-7, 2003
- 2003 **Primary Osteoarthritis of the Elbow: Evaluation of Morphologic Predisposition, Results of Operative Debridement at Intermediate Follow-up and Basis for a New Classification System.** Lance A. Rettig, M.D., Baltimore, MD, Hill Hastings II, M.D., Indianapolis, IN, Judy R. Fineberg, PhD, Indianapolis, IN. 58th Annual Meeting of American Society for Surgery of the Hand, Chicago, IL. September 18-20, 2003
- 2004 **"Hand and Wrist Injuries"**. University of Indianapolis, February 17, 2004.
"Hand and Wrist Injuries". Indiana State University, March 29, 2004.
"Scaphoid Fractures". Methodist Sports Medicine Center, March 15, 2004.
"On the Field Evaluation of Hand and Wrist Injuries". Methodist Sports Medicine Center Annual Football Symposium, July 27, 2004.
Implant Arthroplasty in Patients with Primary osteoarthritis of the Metacarpophalangeal Joint. Lance Rettig, M.D., Michael S. :Murphy, M.D. and Linda Luca, OTR/L, CHT., 59th Annual Meeting of American Society for Surgery of the Hand, Adrian Flatt Fellows Conference, New York City, NY, September 9, 2004.
- 2005 **"Elbow Injuries in the Athlete"**. Orthopaedic Grand Rounds. Indiana University School of Medicine, Indianapolis, IN. January 19, 2005.
- 2006 **"Perilunate and Non-scaphoid Carpal Injuries."** Orthopaedic Grand Rounds. Indiana University School of Medicine, Indianapolis, IN. March 29, 2006.
"Management of Scaphoid Fractures and TFCC Injuries in the Athlete." Indiana Sate University, Terre Haute, IN. April 6, 2006.
"Lacerations, Amputations, and Wound Care in the Workplace." Assessment of Injuries & Illness for Occupational Health Nurses. Indianapolis, IN. April 12, 2006.
"Occupational Hand Injuries." Assessment of Injuries & Illness for Occupational Health Nurses. Indianapolis, IN. April 12, 2006.
"Management of Scaphoid Fractures." Indiana Orthopaedic Society. South Bend, IN. April 21, 2006.
"Diagnosis and Management of Hand, Wrist, and Elbow Fractures: When to Manage in Your Clinic and When to Refer." Central Indiana Society of Occupational Medicine. June 7, 2006.

“Elbow Instability in the Athlete,” 11th Annual Meeting Notre Dame Orthopaedic Society, October 6, 2006, South Bend, IN.

“Carpal Instability,” Indiana University School of Medicine, Orthopaedic Surgery Grand Rounds, September 13, 2006, Indianapolis, IN.

“Dupuytren’s Disease,” Indiana University School of Medicine, Orthopaedic Surgery Grand Rounds, October 11, 2006, Indianapolis, IN.

“Technique, Clinical and Radiographic Results of a Modified Fancolli Arthroplasty for Thumb Carpometacarpal Osteoarthritis,” 61st Annual Meeting American Society for Surgery of the Hand, September 8, Washington, D.C.

2007 **“Rehabilitation of Flexor Tendon Injuries”** Methodist Occupational Health Center Hand Workshop, March 10, 2007, Indianapolis, IN.

M.D. **Publications:**

Intramedullary Fixation of Metacarpal Fractures. Lance Rettig, and Thomas J. Graham, M.D. In Master Techniques in Orthopaedic Surgery The Hand 2nd ed. J.W. Strickland (ed.). Baltimore, Lippincott Williams & Wilkins.

Rettig LA, Luca L, Murphy MS. Silicone implant arthroplasty in patients with idiopathic osteoarthritis of the metacarpophalangeal joint. *J Hand Surg (Am)* 2005;30:667-672.

Rettig AC, Snead DS, Rettig LA. In: Johnson DL, Mair SD eds. *Hand Injuries*: Mosby; 2006:407-426.

Strickland, J.W. and Rettig, LA. In: Capo J.T. and Tan V. eds. Minimally Invasive Carpal Tunnel Release using the Security Clip *Minimally Invasive Hand and Wrist Surgery*: Marcel-Dekkar Chapter 41 (In press)

Meetings: Indiana Orthopaedic Society Annual Meeting, Indianapolis, IN April 14-16, 2005

Activities:

1995-1996 Secretary, Indiana University School of Medicine Student Council.
1998-2001 Member, Indiana University School of Medicine Department of Orthopaedics Education Committee.
1999-2002 Volunteer Medical Staff for Arlington High School Football Team.
2003-Present Team Physician Lebanon High School.
June 2004 Orthopaedic Surgeon Consultant, Indiana State University
June 2004 Volunteer Clinical Assistant Professor, Indiana University School of Medicine

Non Medical Employment:

1989-1991 Tennis Instructor. Washington Township Tennis Program, Indianapolis, IN.

Interest:

Snow skiing, tennis, triathlons, golf