

CURRICULUM VITAE
Updated May 21, 2007

TODD W. ARNOLD, M.D.

POST GRADUATE TRAINING:

7/20/98 – 1/20/00 Fellowship in Primary Care Sports Medicine, Indiana University at Methodist Sports Medicine Center, Indianapolis, IN
6/24/96 – 6/23/98 Residency, Ft. Collins Family Practice Medicine Center, Poudre Valley Hospital, Ft. Collins, CO
6/24/95 – 6/23/96 Internship, Ft. Collins Family Practice medicine Center, Poudre Valley Hospital, Ft. Collins, CO

EDUCATION:

1991 – 1995 University of Colorado Health Sciences Center, Denver, CO
Medical Degree May 1995
1986 – 1990 Colorado State University, Ft. Collins, CO
BS in Biochemistry with minor in Chemistry
1983 – 1985 Columbine High School, Littleton, CO

CERTIFICATION:

Board certified Sports Medicine CAQ – 2001
Board certified American Board of Family Practice – 1998, 2004

RESEARCH EXPERIENCE:

2004 – 2006 Co-morbidities related to rotator cuff tears
2002 – 2004 Pars stress fractures in athletes
1998 – 2000 Lateral Process Talus Fractures. "Snowboarders Ankle".
Noyes scoring of aging knees.
1990 – 1991 Multiple studies concerning athletic performance of US Swimming Team at the US Olympic Training Center, International Center for Aquatic Research, Colorado Springs, CO
1988 – 1990 Auto-oxidation and purification of sickle cell hemoglobin under WS Caughey, PhD and V Sampath, PhD at Colorado State University

PROFESSIONAL SOCIETIES:

2001 - Present International Cartilage Repair Society
1999 - Present American Medical Society for Sports Medicine
1992 - Present American Academy of Family Practice
1990 - Present American College of Sports Medicine

EMPLOYMENT:

Methodist Sports Medicine Center, Indianapolis, IN, April 2001 to present
Front Range Orthopedic Center, PC, Longmont, CO, December 1999 to March 2001
First Care, Ft. Collins, CO (Physician, urgent care setting), 1997-98
Yuma District Hospital, Yuma, CO, (Physician) 1997-98
University of Colorado at Colorado Springs in conjunction with US Swimming Team,
International Center for Aquatic Research at the Olympic Training Center, 1990-91

- Head of Biochemistry Lab, research projects ranging from nutrition to over-training.
- Authored laboratory methods section for International Center for Aquatics Research Annual 1990 -91

Lab Assistant at Colorado State University for WS Caughey, PhD in Biochemistry Lab.
Worked on auto-oxidation rate of sickle cell hemoglobin

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TEACHING:

2001 - Present	Faculty supervision of fellows, residents and PA students
1998-99	Faculty supervision of residents, Methodist Family Practice Residency
1998	Awarded National Resident Teacher Award at Ft. Collins Family Practice Residency
1994	Co-coordination and creator of portion of new Primary Care I course at the University of Colorado School of Medicine. A course designed to have 4 th year students serve as mentors to 1 st year students in the area of physical diagnosis and history taking while emphasizing problem solving skills.

TEAM/EVENT COVERAGE:

2006	Site Physician NCAA Men's Final Four
2005	Site Physician NCAA Women's Final Four
2001-2006	Team Physician Butler University
2001-2005	Team Physician Indiana Blast (Professional Soccer A League)
2001-current	Team Physician Indiana All Stars Basketball Teams
2001-current	Team Physician Avon High School
2001-current	Consultant Indianapolis Colts
1998-current	ATP Physician RCA Tennis Tournament

PRESENTATIONS:

"Concussion Management and Use of ImPACT" Indianapolis, In March 2006
"Pelvic Pain and Injuries in Athletes" Indianapolis, In Nov '05
"Concussion Management of Athletes" Indianapolis, In Aug '05
"Asthma in Athletes" Indianapolis, In July '04
"Exercise Induced Asthma" Indianapolis, In Jan '03
"Heat and Hydration" Indianapolis, In July '02
"Respiratory illness in Athletes" Nov 01

"Pelvic Pain and Groin Injuries" Indianapolis, In Sep '01 and Jan '02
"Common Running Injuries", Columbus, Indiana June '01
"Sports Pharmacology", Louisville, CO, Sep '00
"Exercise Induced Asthma", Indianapolis, IN, Sep '99
"Atypical Arm Pain", ACSM, Seattle Washington, Jun '99
"Hypertrophic Cardiomyopathy in Athletes", Vincennes, IN and Indianapolis, IN, Apr '99
"Skiing and Snowboarding Injuries", Indianapolis, IN, Jan '99
"Game Coverage Issues", Ft. Collins, CO, Dec '98
"Hematologic Changes with Prolonged Swim Training at Altitude", ACSM, Orlando, FL,
Jun '91

PUBLICATIONS:

Porter DA, Arnold TW: Dislocations of the Ankle, Subtalar and Great Toe Metatarsal-Phalangeal Joints. Fractures of the Foot and Ankle. Calhoun JH and Laughlin RT (eds). Taylor and Francis Group Boca Raton, FL 2005

Arnold T, Shelbourne KD: A perioperative rehabilitation program for anterior cruciate ligament surgery. Physician and Sports Medicine 2000; 28(1).